

## **BOTOX® Treatment Program to Cure Vaginismus Successful in over 90% of Patients**

*Peter T. Pacik, MD, FACS announces groundbreaking results in treating over 250 women with vaginismus.*

Manchester, New Hampshire ([PRWEB](#)) January 13, 2014 -- Peter T. Pacik, MD, FACS the leading expert on using BOTOX® injections to treat women with vaginismus, announced today his findings in treating over 250 patients.

“The BOTOX® vaginismus treatment program continues to have high levels of success helping to relax and stretch the vaginal muscles which interfere with the ability to consummate relationships,” states Dr. Pacik about his innovative treatment program. Under Dr. Pacik’s care patients are given BOTOX® injections and progressive dilation under anesthesia. Post-procedure patients wake up with a dilator in place. Afterward they attend a counseling session where they learn everything they need to know to overcome vaginismus including: dilation techniques, how to transition to intercourse, pelvic floor relaxation and anxiety reduction. Upon completion of the program patients continue to connect with Dr. Pacik on a weekly basis to report on their treatment progress.

Since 2005 Dr. Pacik has treated over 250 patients from across the world in his office in Manchester, New Hampshire. His success rate in treating patients with vaginismus is over 90%. Other findings Dr. Pacik reports include the average amount of time his patients spent with failed treatments, which was an astonishing 7.2 years. In addition, the average time his patients took to achieve intercourse after graduation from his program is less than 10 weeks. Minor complications reported include temporary mild stress incontinence in three patients and vaginal dryness was reported in one patient. Both complications cleared within four months after the BOTOX® injection. No major complications or permanent injuries occurred.

“BOTOX® alone, without the full program including post-procedure counseling and follow-up is a setup for failure as has been seen in several patients,” explains Dr. Pacik about his treatment program. “Some of these patients had two or more courses of Botox and failed each time.” The failures appear to be due to a lack of using the full program including not being progressively dilated while under anesthesia and in many patients the lack of post procedure counseling, follow up and support.

The FDA approved Dr. Pacik’s pilot study to treat vaginismus with BOTOX® in 2010. His research in this progressive field was presented at the American Urogynecologic Society conference held in Las Vegas in October this year. Dr. Pacik continues to promote the awareness of vaginismus and successful treatment options. His work has been published in both the consumer and medical media including: Plastic and Reconstructive Surgery, Dr. Oz’s website YouBeauty.com, Cosmopolitan Magazine, Women’s Health Answers website and the Tyra Banks Show.

What is vaginismus?

Vaginismus is a condition marked by involuntary spasms of the vaginal muscles, brought on by the fear of penetration. As a result, any attempt at intercourse, tampon use, or even a routine gynecological exam is not just painful, but virtually impossible. Vaginismus affects one-to-seven percent of women worldwide and is the most common cause of unconsummated marriages. Vaginismus is often overlooked or misdiagnosed because the



majority of health care providers are unfamiliar with this condition.

###

About Peter T. Pacik, MD, FACS

Dr. Pacik has practiced plastic surgery for over thirty years in Manchester, New Hampshire, and belongs to a small group of prestigious surgeons who are double board certified by both the American Board of Surgery and the American Board of Plastic Surgery. As a recognized pioneer in treating patients with Botox for vaginismus, he is the author of *When Sex Seems Impossible: Stories of Vaginismus and How You Can Achieve Intimacy*. For more information about Dr. Pacik and his work please visit <http://www.vaginismusmd.com> or contact his office at 1-800-640-0290.



**Contact Information**

**Janet Pacik**

VaginismusMD

<http://www.vaginismusmd.com>

+1 (800) 640-0290

**Online Web 2.0 Version**

You can read the online version of this press release [here](#).